

# Humanistic Buddhism

## The Teachings of Chan Master Sheng Yen

### Interactive learning platform

(Blended learning: online and / or in a classroom)

Mediator: Hildi Thalmann (Chang Sheng)

Study

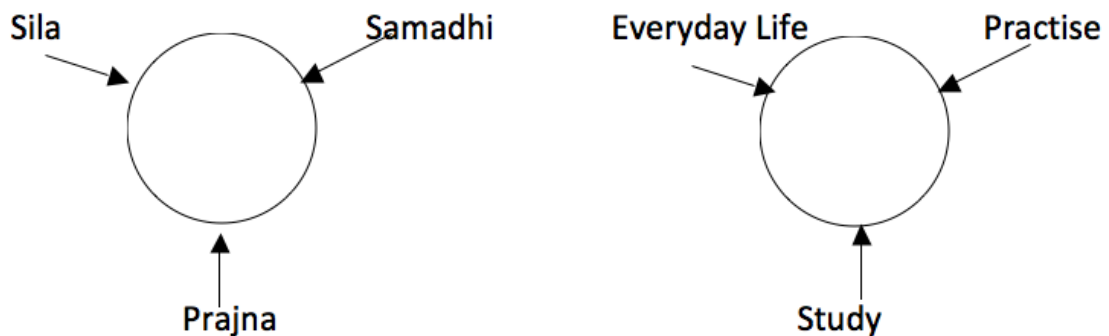
Practice

Everyday Life

The Chan practice includes the three aspects: Sila, Samadhi and Prajna or “normal” everyday life, meditation and study. In retreats we practice all kinds of meditations (Samadhi or Dhyana). However, the aspects of study (Prajna) and of everyday life (Sila) are usually practiced irregularly, sporadically and unsystematically.

This learning platform is designed to support all three aspects. It is intended for the experienced practitioners with a sound meditation experience and knowledge of Master Sheng Yen’s Chan teachings and who want to better understand the teaching. The learning platform should also give guidelines on how to be better integrated Chan into everyday life.

### Humanistic Buddhism and Chan



The Dharma Drum Mountain lineage was founded by late Chan Master Sheng Yen in 2006. He formulated his teaching in a system where he showed how Chan in China harmonizes Buddhism. He pointed to how Chan connects to all major Buddhist traditions and emphasized both teaching as well as practice. The dependent arising (*pratātyasamutpāda*) and the emptiness are considered ordering principles to organize the broad field of Buddhist thought. He showed the link between early Buddhism and later Mahayana teachings and emphasized the sudden and perfect teachings of Tiantai and Huayan. And above all, he introduced Chan in such a way that it can be practiced and actualized in our time.

Master Sheng Yen system will be our guideline to conduct our studies.

Intended are 8 modules, distributed over 4 years. In each module, there are 4 lessons, which are preferably held in an evening event. However, it is also possible to participate online. However, it is mandatory to participate in the additional “consolidation” or “deepening” day at the end of each module.

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| Module 1 | Heart Sutra; Buddha and his Teachings: early Buddhism, the Āgamas, Mahāyāna: Mādhyamaka, the Middle Way and Yogācāra   |
| Module 2 | Sengcan: Faith in Mind, Karma; Tathāgatagarbha, Buddha-Nature and Non Duality ( <i>Vimalakīrti-sūtra</i> ), Paramitas, the Way of the Bodhisattva                      |
| Module 3 | Huineng: The Platform Sutra, the first 5 Patriarchs, sudden and gradual; Tiantai and Huayan  |
| Module 4 | The basics of Caodong tradition: Shitou: " <i>Inquiry into Matching Halves</i> " and Dongshan: " <i>Song of the Precious Mirror Samadhi</i> "; 5 houses of Chan; Tibet |
| Module 5 | The basics of Linji tradition: Mazu and the Hongzhou-School; Linji; monastic regulations; Encounter dialogs and gong'an; Korea   |
| Module 6 | The Founders of <i>mozhao</i> and <i>huatou</i> : Hongzhi Zhengjue and Dahui Zongao; Gong'an and Gong'an-Collections; Japan  |
| Module 7 | Women in Buddhism and as Chan-practitioners and -teachers; the lineage of the female Chan Master Xinggong (17C.); Master Hanshan Deqing and Master Ouyi Zhixu          |
| Module 8 | Humanistic Buddhism and the Chan Teaching of Master Sheng Yen/DDL; transmission and continuation; Japan from Hakuin to nowadays; Chan in the west                      |

The topics of the modules can be adjusted during the course of their studies.

**Procedure:** For each module there are 4 evening lectures. 2 weeks prior the reading assignment will be made available on-line. Where necessary, instructions to the text or comments/additions are added by the mediator. All participants read the text, think about it and try to grasp its meaning.

Each participant writes down his comments regarding the reading assignment. The participants are encouraged to ask questions regarding the text as well as how to integrate this knowledge into practice and everyday life (a few sentences).

Participants in the monthly reflection evenings bring their comments; participants who cannot attend put their comments on-line.

On the **evening lecture** views on the texts are exchanged. We practice an appropriate meditation exercise and discuss the integration into everyday life.

The mediations are provided to the e-learners, as are the exercises for the integration into everyday life. On the Chan Bern Website ([www.chan-bern.ch](http://www.chan-bern.ch)) a password protected page is set up for the up- and download of documents.

**Participation:** The course is designed for experienced practitioners. Persons who will meet these conditions are invited to participate.

Registration is binding for at least 1 module. Ideally, the modules should be visited in the order given.

**Costs:** CHF 50 - 150 per module

I would like to pass on my knowledge with this learning platform, which I gained through my personal practice in contemplation, Japanese Zen and Chan. The teaching transmission of Master Sheng, the study of the Chan Teacher Training instructions from Guo Gu as well as his article: *Restructuring Chan Buddhism: Master Sheng Yen's Doctrinal Classification* and the subsequent deepening in many study weekends, and my master's degree in religious studies with the main area of Chinese Buddhism are the basis for this course. Included are also the Ashoka the Legacy of Chan.

## Overview of all modules

**Module 1** Heart Sutra; Buddha and his Teachings: early Buddhism, the Āgamas, Mahāyāna: Mādhyamaka, the Middle Way and Yogācāra

**Lesson 1: Buddha and his Teaching: Four Noble Truth, Three Marks of Existence, Conditioned Arising, Five Skandhas; Sangha; Cosmology**

**Main Text:** Dominique Side: Buddhism: Gautama Buddha, Indian context; Table: 5 Skandhas

**Reading Assignment:** Dominique Side: Buddhism: The Four Noble Truths, Samsara und Nirvana; Sangha.

**Optional supplement:** Peter Harvey: An Introduction to Buddhism: Chapter 2: Rebirth and Karma (Summary). For comparison: Orthodox Chinese Buddhism Master Sheng Yen.

**Lesson 2: The Heart Sutra (Mahā-prajñāpāramitā-hṛdaya-sūtra) as a Whole and Emptiness is Form, Form is Emptiness; the Five Skandhas; the Āgamas und Nikayas; The Three Vehicles; Early Buddhism– Theravāda; Mahāyāna-Sutras: Prajñāpāramitā-sūtras**

**Main Text:** Heart Sutra in Sanskrit, Chinese, Japanese, English and German; 1. part of Heart Sutra; Prologue from: Sheng Yen: There is no suffering; 5 Skandhas (copy chart); different school (copy).

**Reading Assignment:** Satipatthāna Sutta DN 22 (12 p); Dominique Side: *Buddhism: The three Vehicles*.

**Optional supplement:** Dominique Side: *the Buddhist Scriptures, Meditation in Theravāda-B*.

**Presentation:** Buddhist Cosmology; Satipatthāna Sutta; Structure of the Pali-Canons.

**Lesson 3: Emptiness of Senses and Emptiness of dharmas; Conditioned Arising; Mahāyāna**

**Main Text:** Heart Sutra: second, third and partly fourth section; Comment of Master Sheng Yen, p 63 - 70 and p 71 - 81; Conditioned Arising (copy).

**Reading Assignment:** *Maha Nidana Sutta* DN 15; *Kaccayana gotta* SN 12.15; Etienne Lamotte: *Mahāyāna-Buddhism*.

**Optional supplement:** Peter Harvey: *Mahāyāna Philosophy*, in *An Introduction to Buddhism*.

**Presentation:** Great Bodhisattvas

**Lesson 4: Negation of the Four Noble Truths; No wisdom or any attainment; Diamond-Sutra; Mādhyamaka und Nāgārjuna**

**Main Text:** Heart Sutra: fourth section; Comment of Master Sheng Yen; The Four Noble Truths (copy).

**Reading Assignment:** *Diamond-Sutra* (chapter 1-5, 7, 10, 13, 32); Jens Schlieter: Nāgārjuna and the Mādhyamaka School (10 p), in *Introduction to Buddhism*.

**Optional supplement:** Dominique Side: *Buddhism*: chapter 8 *History of Buddhism*.

**Presentation:** 2 Verses from *Verses from the Middle* (Nagarjuna); Buddhism in Sri Lanka.

**Lesson 5: Luminous mind; Saṃdhinirmocana-sūtra; Yogācāra**

**Main Text:** Last sections of the Heart Sutra; Comment of Master Sheng Yen. Chart Master Shang Yen: India; Mādhyamaka and Yogācāra.

**Reading Assignment:** *Saṃdhinirmocana-Sūtra* (chapter V); Pabhassara Sutta: *Luminous* AN 1.49-52; Jens Schlieter: *Vasubandhu and the Yogācāra-School*.

**Optional supplement:** Paul Williams: 4 Yogācāra.

**Presentation:** *Vasubandhu* and his brother Asaṅga.

**Module 2 Faith in Mind (Sengcan); Buddhism and the Teachings of Mahāyāna:  
Mādhyamaka in China, Tathāgatagarbha (Buddha-Nature), Karma**

**Lesson 1: Faith in Mind as a whole; Sengcan; Reception of the Teachings of Heart Sutra and  
Āgamas in China; *Vimalakīrti-sūtra*; Introduction of Buddhism into China; Karma in India**

**Main Text:** *Faith in Mind* in various German and Chinese translations. *Faith in Mind* by S.Y.:  
Introduction.

**Reading Assignment:** *Vimalakīrti-sūtra* (chapter 9); Francis Cook: Fa-tsang's "Letter Commentary on  
the Prajñāpāramitā-hṛdaya-sūtra".

**Optional supplement:** Āgama Teachings in China: Gregory: Tsung-Mi's Inquiry into the Origin of  
Humanity.

**Presentation:** Gregory: *Tsung-Mi's Inquiry into the Origin of Humanity*. Presentation of *Bailin Si*.

**Lesson 2: Faith in Mind 1. Part; The Mahāyāna teaching in China: Mādhyamaka and  
Yogācāra; Kumārajīva; Xuanzang; Karma in China**

**Main Text:** *Faith in Mind*: lines 1-38; Comment of Master Sheng Yen: retreat 1.

**Reading Assignment:** Yogācāra in China: Xuanzang: On Consciousness only (Ch. VII).

**Optional supplement:** Mahayana Shraddhotpada Shastra: The practice of Mahāyāna: Paramitas.  
Meister Sheng Yen *Do Buddhists Firmly Believe in the Law of Karmic Cause and Effect?*

**Presentation:** Xuanzang's journey to India; Chinese translation-offices.

**Lesson 3: Faith in Mind 2. Part; Tathāgatagarbha: Śrīmālā-devī Siṃhanāda Sūtra;  
Tathāgatagarbha-sūtra, Ratnagotravibhāga; Mahayana Shraddhotpada Shastra: die Paramitas**

**Main Text:** *Faith in Mind*: lines 39 - 60; Comment of Master Sheng Yen: retreat 2.

**Reading Assignment:** Śrīmālā Devi Simhanada Sūtra (7. Tathāgatagarbha); Peter Harvey: Tathāgata-  
Garbha Thought (abridged German translation)

**Optional supplement:** Paul Williams: 5 Tathāgatagarbha (excerpts); A Study on the  
Ratnagotravibhāga (Uttaratantra) of Jikido Takasaki.

**Presentation:** The teachings of Kongzi; Daoism; Gong'an with reference to Faith in mind.

**Lesson 4: Faith in Mind 3. Part; Tathāgatagarbha in China: *Mahāpainirvāna-sūtra*;  
*Lankāvatāra-sūtra*; the Way of the Bodhisattva; Tathāgatagarbha in Tibet**

**Main Text:** *Faith in Mind*: lines 61-84; Comment of Master Sheng Yen: retreat 3.

**Reading Assignment:** Tathāgatagarbha in China: *Mahāparinirvāṇa-sūtra* (Chapter 10), *Lankavatara  
Sutra* (excerpts).

**Optional supplement:** Tathāgatagarbha in Tibet - Rangtong-Shentong by Chan She.

**Presentation:** Daoism

**Lesson 5: Faith in Mind 4. Part; Tathāgatagarbha in the teaching of Master Sheng Yen;  
Integration on Consolidation Day; the first three Chan-Ancestors Bodhidharma, Huike, Sengcan**

**Main Text:** *Faith in Mind*: lines 85 – 144; Comment of Master Sheng Yen: retreat 4.

**Reading Assignment:** The Zen Teachings of Bodhidharma: Outline of Practice (Red Pin), In the Spirit  
of Chan: Bodhidharma's "The Two Entries and Four Practices" (Master Sheng Yen)

**Presentation:** Emperor Wu of the Liang

### Module 3      Huineng: The Platform Sutra; Ancestor-Line; Tiantai und Huayan

#### **Lesson 1: Platform Sutra; the fourth, fifth and sixth Ancestor; Tiantai, commentary of Master Sheng Yen and the importance for DDL**

**Main Text:** Huineng: *Platform Sutra*, Story of Huineng: chapter 1-13.

**Reading Assignment:** Zhiyi, *Essentials of Buddhist Meditation*, chapter 6 *The Actual Cultivation*  
Volker Zotz: *History of Buddhist Philosophy: Tiantai*.

**Optional supplement:** Ming-wood Liu: *Madhyamaka Thought in China; fourfold doctrine of conversion*.

**Presentation:** Tiantai: Zhiyi, his life, his meditation system.

#### **Lesson 2: Platform-Sutra: Buddha-Nature, Prajñā, sudden awakening; Comments from Master Chi Chern; Lotus-Sutra; Tiantai: Classification; Niutou and his School**

**Main Text:** *Platform Sutra*: Buddha-Nature, Prajñā, sudden awakening, chapter 14, 27-31.

**Reading Assignment:** Excerpts from the Lotus Sutra: The Parables of the burning house and of the lost son.

**Optional supplement:** Teaching and Practice; "The Ceasing of Notions: Zen Text from Tun-Huang Caves", Niutou Farong; *Chan and Chih-kuan, Tian-tai Chih-i's View of „Zen“ and the Lotus Sutra*, Paul L. Swanson.

**Presentation:** Tiantai: - Presentation of the system of 5 periods.

#### **Lesson 3: Platform Sutra: Samadhi and Prajñā; Avatamsaka-Sutra, Fazang: The Net of Indra and the hall of mirrors; Huayan: Five Teachings and six Characteristics**

**Main Text:** Platform Sutra: Samadhi and Wisdom, chapter 15-21.

**Reading Assignment:** Avatamsaka Sutra: Daśabhūmika-sūtra; Volker Zotz, *History of Buddhist Philosophy: Huayan*.

**Optional supplement:** *Avatamsaka-Sutra*: Li Tongxuan: *Guide to Entry to the Realm of Reality*

**Presentation:** Huayan-School: Lineage of Patriarchs; Fazang, *The perfect penetration of the six characteristics*.

#### **Lesson 4: Platform Sutra: vows, taking refuge, Pure Land; Huayan: Huayan: four realms of reality, Huayan Samadhi, The golden Lion**

**Main Text:** *Platform Sutra*: 4 vows, taking refuge, Pure Land, chapter 23-26, 32-34.

**Reading Assignment:** Fazang, aus *Denkansätze zur buddhistischen Philosophie in China*, Rolf Eberfeld; *Der Gold-Löwe* Übersetzung von Rolf Eberfeld.

**Optional supplement:** *The Philosophy of Totality: Mutual Penetration and Mutual Identity*, Garma C.C. Chang.

**Presentation:** Huayan-School: The golden lion, Du-shu: 4 functions of shi and li.

#### **Lesson 5: Platform Sutra: Polarities, death of Huineng, Master Sheng Yen Integration of Tiantai und Huayan; Ancestor lineage revised; sudden enlightenment; Zongmi; China 600 to 750**

**Main Text:** *Platform Sutra*: Polarities, death of Huineng, chapter 40, 44-47.

**Reading Assignment:** *Zongmi: Sudden Enlightenment followed by Gradual Cultivation* in Gregory, *The Perfect Teaching of Mahayana*.

**Optional supplement:** Sheng Yen: Tiantai und Huayan: relevance for Chan; Chart China: Tiantai und Huayan. **Presentation:** Zongmi: His life, overview of „The Origin of Humanity“.

**Module 4      The Basics of Caodong Tradition: Shitou: "Inquiry into Matching Halves" and Dongshan: "Song of the Precious Mirror Samadhi"; Tibet**

**Lesson 1: Shitou: *Inquiry into Matching Halves*; beyond words and letters; sudden – gradual; Shenhui; Northern and Southern School**

**Main Text:** *Inquiry into Matching Halves*, 1st part, Introduction and comment Sheng Yen.

**Reading Assignment:** Different translations of *Inquiry into Matching Halves/Sandokai*; *Chan and the Sudden Path to enlightenment*, Master Sheng Yen in: *Hoofprint of the Ox*.

**Optional supplement:** *Treatise on the True Sudden Enlightenment School of the Great Vehicle, Which Opens Up Mind and Reveals Reality-Nature, from Zen Down, Early Zen Texts from Tun Huang*.

**Presentation:** Sudden Enlightenment: Life and teaching of Shenhui. Yongjia: Song of Enlightenment.

**Lesson 2: *Inquiry into Matching Halves*, Buddhism and Tantra in Tibet; Tantra in China; Debate of Samye**

**Main Text:** *Inquiry into Matching Halves*, part 2, p. 49-67. Comment Sheng Yen.

**Reading Assignment:** *Tibet aus Buddhismus zur Einführung*, Jens Schlieter; *Die Debatte von Samye* und *Die Rime-Bewegung* aus: *Kleine Geschichte Tibets* von Karénina Kollmar-Paulenz.

**Optional supplement:** Karénina Kollmar-Paulenz: *Die tantrischen religiösen Traditionen*.

**Presentation:** Debate of Lhasa (Samye); Buddhism in Tibet: 1. transmission.

**Lesson 3: *Song of the Precious Mirror Samadhi*; The classical period of Chan; the Qingyuan Xingsi-Line: Shitou Xiqian and Yaoshan Weiyan; Yongjia Xuanjue**

**Main Text:** *Song of the Precious Mirror Samadhi*, Introduction, 1. part p. 83-107.

**Reading Assignment:** *Great master Shitou Xiqian, Jingde chuangdeng lu*; Different translations of *Song of the Precious Mirror Samadhi/Hokyo Zanmai*;

**Optional supplement:** *Die Zen-Bewegung nach Huineng, Geschichte des Zen-Buddhismus*, Heinrich Dumoulin.

**Presentation:** Shitou: Three Barriers.

**Lesson 4: *Song of the Precious Mirror Samadhi*; Dongshan, Caoshan and the arising of the Caodong-School; Wu-ji (jap. Go-ji); I-Jing**

**Main Text:** *Song of the Precious Mirror Samadhi*, 2nd part and comment, p. 108-118.

**Reading Assignment:** *Chan-Master Liangjie vom Dongshan, Jingde chuangdeng lu*; *Chan-Master Caoshan Benji, Jingde chuangdeng lu*; I-Ging: *Der Hintergrund* und *Die Symbolik des I Ging* aus *I Ging*.

**Optional supplement:** *Caodong-School*, Mitchell, James; Ts'ao-tung, aus H. Dumoulin, *Geschichte des Zen-Buddhismus*.

**Presentation:** I-Ging: in general and Hexagram 30.

**Lesson 5: *Song of the Precious Mirror Samadhi*; the five houses of Chan: Yunmen, Fayan**  
**Main Text:** *Song of the Precious Mirror Samadhi*, 3rd part and comment, p. 117-128. Table Master Shang Yen: Chan.

**Reading Assignment:** *Chan-Master [FAYAN] Wenyi in Jingde chuangdeng lu*; *Die Zen-Bewegung nach Huineng* aus *Geschichte des Zen-Buddhismus*, Heinrich Dumoulin.

**Optional supplement:** *Fayan* und Ts'ao-tung aus *Geschichte...*, H. Dumoulin; *Caodong-School*, Mitchell, J. **Presentation:** Lay-brother Pang.

**Modul 5      The Basics of Linji-tradition: Mazu and the Hongzhou-School; Linji;  
Encounter dialogs and gong'an; Korea**

**Lesson 1: Nanyue Huairang lineage: Mazu Daoyi, „Classical Chan“; the Hongzhou-School**

**Main Text:** Mazu Daoyi in *Grundlegende Reden: Lehrreden, Dialoge und Begegnungen*.

**Reading Assignment:** Mazu: Leben, Wirken. Jinhua Jia: *Doctrinal Reformation of the Die Hongzhou School*.

**Optional supplement:** Nanyue Huairang, in *Jingde chuangdeng lu*.

**Presentation:** Zhaozhou: His Life, Encounter-dialogs, contemporary impacts.

**Lesson 2: Dazhu Huihai, Huaihai Baizhang, Monastic Regulation**

**Main Text:** Dazhu Huihai: *Der wesentliche Eingang zur Wahrheit ... und Lehrreden und Gespräche*.

**Reading Assignment:** Die Meister der Nanyue Huairang-Linie: Dazhu Huihai in *Grundlegende Reden und Aufzeichnungen des Chan-Buddhismus* und Huaihai Baizhang in *Jingde chuangdeng lu*.

**Optional supplement:** Klosterregel: Auszug aus *THE BAIZHANG ZEN Monastic Regulation*; Heinrich Dumoulin: *Geschichte des Zen-Buddhismus Band I. Das mönchische Leben*.

**Presentation:** Nanquan: Sein Leben und einige seiner Begegnungsdialoge.

**Lesson 3: Huangbo, Nanquan and Zhaozhou, Guiyang-Lineage**

**Main Text:** The Zen-Teaching of the Chinese Master Huang Po: Ausschnitte aus dem Bericht des Chün Chou (Zusammenfassung) und aus dem Bericht des Wang Ling und Anekdoten.

**Reading Assignment:** Master of Nanyue Huairang-Lineage: Huangbo, Leben und Wirken in *Jingde*.

**Optional supplement:** *Grundlegende Reden und Aufzeichnungen des Chan-Buddhismus*: Guishan; Yangshan in *Jingde chuangdeng lu*; H. Dumoulin: *Geschichte Kuei-yang: Erfahrung in Aktion*.

**Presentation:** Nanquan: Leben und Begegnungsdialoge. Die Guishan-Linie: Gründer, Wiederaufleben

**Lesson 4: Linji life and activities, categories, Linji-Lineage; Encounter-Dialog und Gong'an**

**Main Text:** Linji Yulu: Einleitung und Belehrungen der Mönchsversammlung.

**Reading Assignment:** Die Meister der Nanyue Huairang-Linie: Linji Yixuan in *Jingde chuangdeng lu*; Griffith Foulk: *The Form and Content of Koan Literature in The Koan*; Sheng Yen: *Hoofprint of the Ox*.

**Optional supplement:** Lin-chi und seine Schule in H. Dumoulin: *Geschichte des Zen-Buddhismus*; Robert E. Buswell: *The „short-cut“ Approach of K'an-hua Meditation: The Evolution of a Practical Subitism in Chinese Ch'an Buddhism*.

**Presentation:** Hongzhou-Schule: Influence on later developments.

**Lesson 5: Linji-Yulu; Linji-Lineage; Hongzhou-Schule revised; the five houses; Korea**

**Main Text:** Linji Yulu: Kreuzverhöre und Pilgerreisen

**Reading Assignment:** *Lay Models of Engagement ...and Practices in Mid-Tang China* Mario Poceski

**Optional supplement:** H. Dumoulin: *Geschichte des Zen-Buddhismus*, Buddhismus in Korea – Ein Überblick.

**Presentation:** Hanshan: -Sein Leben und Wirken, - Wie wird er heute gesehen?



## Module 6      The Founders of Mozhao and Huatou: Hongzhi Zhengjue and Dahui Zonggao; Gong'an-Collections; Japan

### Lesson 1: Gong'an-Collections I: Bi-Yän-Lu; Song-Dynasty: Buddhism; Linji-Lineage

**Main Text:** *Bi-Yän-Lu*, Bsp. 1 (Gundert); Bsp. 43, 52 und 53 (Schwarz).

**Reading Assignment:** Aufbau von Bi Yän Lu: Schwarz; Englisch: G. Foulk: *The Structure of Koans in The Koan*.

**Optional supplement:** H. Dumoulin: *Geschichte: Der Geist der Epoche und das Zen*; Morton Schlütter, *The Five Houses of Chan in How Zen Became Zen*.

**Presentation:** Yuanwu Keqin

### Lesson 2: The rise of Caodong-Lineage, Hongzhi Zhengjue, *Mozhao*

**Main Text:** Hongzhi Zhengjue: Praxisanleitung aus „*Das leere Feld kultivieren*“; Englisch in: Dan Leighton: *Cultivating the Empty Field; Stilles Gewahrsein* aus „*Die Methode ohne Methode*“ von S.Y.

**Reading Assignment:** S.Y.: *The Practise of Silent Illumination in Hoofprint of the Ox*; Poems of Hongzhi.

**Optional supplement:** Morton Schlütter, *Silent Illumination and the Caodong Tradition: Hongzhi and Silent Illumination in How Zen became Zen*

**Presentation:** Poem of Hongzhi: The Acupuncture needle of zazen.

### Lesson 3: Dahui Zonggao, *huatou*

**Main Text:** S.Y.: *Die Grosse Sache von Leben und Tod*, aus *Die Grosse Frage zerschmettern; Sumpflumen, Briefe und Vorträge von Chan-Meister Dahui Zonggao*, Einzelne Kapitel.

**Reading Assignment:** *The Use of Gong'an and Huatou* in S.Y.: *Footprint of the Ox*; Diss. Morton Schlütter, *Dahui und kanhua Chan* und *Dahui's Biography in Chan Buddhism in Song-Dynasty in China*.

**Optional supplement:** *Ermahnung, Chan zu untersuchen* von Meister Boshan, aus S.Y.: *Den Weg gehen*.

**Presentation:** Dàhuìs Beziehung zu Literati

### Lesson 4: Kontroverse Dahui - Hongzhi

**Main Text:** *Sumpflumen, Dahui Zonggaos Angriffen auf das Stille Gewahrsein*; Hongzhi: *Das leere Feld kultivieren: Lass einfach alles wegfallen*; *Inschrift des Stillen Gewahrseins, das mozhao-Manifest*.

**Reading Assignment:** Morton Schlütter, *The Caodong Tradition as the Target of Attacks by the Linji Tradition: Dahui and Hongzhi: How Zen became Zen*; Morton Schlütter, *Diss. Dahui's Attacks on Silent Illumination*

**Optional supplement:** *Silent Illumination and the Question of Orthodoxy in How Zen Became Zen*.

**Presentation:** Dogen in China; Eisai: sein Kontakt mit Chan, sein Wirken in Japan.

### Lesson 5: Gong'an-Collection II: *Con-rong-lu*; Art during the Song; Japan

**Main Text:** *Con-rong-lu* (Roloff)/Book of Serenity (Cleary): Case 15, 86, 91. *Mumonkan*: Case 21, 29.

**Reading Assignment:** *Geschickte Mittel* aus S. Y.: Appropriations and Redefinition of Chan, Jimmy Yu (deutsch) *The Revival and Structured Approach to Chan* of Master Sheng Yen. Table Master Sheng Yen: Chan-School - Expedient Means: Silent Illumination of Caodong; Critical phrase (huatou) of Linji

**Optional supplement:** „*Fünf Berge*“, *Neokonfuzianer, Zen-Kunst* in Dumoulin: *Geschichte des Zen-B.*

**Presentation:** Wumen

Module 7      **Women in Buddhism and as Chan-practitioners and -teachers; the Lineage of Chan Master Xinggang (17C.); Master Hanshan Deqing and Master Ouyi Zhixu**

**Lesson 1: Women in Indian Sutras**

**Main Text:** **THERĪGĀTHĀ**, a selection; Mahāyāna-Sutras: *Vimalakīrti-sūtra*: the celestial maiden; Śrīmālā-devī Siṃhanāda Sūtra.

**Reading Assignment:** *Mahaprajapati* aus Agnes Pollner, *Die weibliche Seite des Buddha. Eine Frau kommt aus dem Samadhi*, Fall 42 Mumonkan.

**Optional supplement:** *Kisagottami*, *Vimala*, und *Punnika*, aus Pollner: *Die weibliche Seite des Buddha*.

**Presentation:** Zongji, the disciple of Bodhidharma

**Lesson 2: Women in Mahayana-Sutras; Nuns in China and the first Chan-Women**

**Main Text:** *Lotus-Sutra*, chapter XII: Devadatta about the daughter of King Sāgara; The book of entering the cosmos of reality: Woman Sudhana is visiting in the *Avamtamsaka-Sutra*.

**Reading Assignment:** *The story of Mo-shan Liao-jan* in *The Dragon Girl and the Abbess of Mo-Shan*: von M. L. Levering; A. Pollner: *Die weibliche Seite des Buddha, Eintritt in das Reich der Wirklichkeit*

**Optional supplement:** *The Goddess's Transformation* aus Caplow Florende, *The Hidden Lamp*

**Presentation:** Liu Tiemo, die Eisenschleiferin

**Lesson 3: Woman as Chan-practitioners- and teachers; woman in gong'an**

**Main Text: Woman in gong'an:** *Zhaozhou und die alte Frau* case 31 Mumonkan; case 10, Cong-Rong-Lu; *The Hidden Lamp*; case 4 in Bi-Yān-Lu. *Miao-tao as teacher* by Miriam Levering.

**Reading Assignment:** *Case 89, Bi-Yan-Lu*; Agnes Pollner, *Kuan yin, Die weibliche Seite des Buddha*; Grace Schireson, *Miaozong Vindicates the Vagina in ZEN WOMEN*.

**Optional supplement:** *Raihai tokuzui: Dōgen, Shōbōgenzō*; M. Levering, *Women as Teachers in Chinese Ch'an, The bathhouse attendant Kongshi Daoren, Women of the Way*.

**Presentation:** *Legend of Miao-Shan (Guanyin)*

**Lesson 4: Female Dharma-Lineage in the 17th century; China in the Ming; Reinvention of Linji-Chan; Of The four great masters: Hanshan Deqing und Ouyi Zhixu; Presentation from a PhD: Women in China in the 17<sup>th</sup> century**

**Main Text:** *Qiyuan Xinggang Eminent Nuns*; Poems of Nuns in *Daughters of Emptiness*, B. Grant.

**Reading Assignment:** *Chan in der Yuan- und Ming-Dynasty; Contemplating Mind* Han Shan Deqing, commentary S.Y.

**Optional supplement:** Yikui Chaochen in *Eminent Nuns* by Beata Grant.

**Presentation:** Baochi Jizong; Ziyong Chengru or female disciples of Hakuin.

**Lesson 5: Women in East and West in the 20th and 21st Century**

**Main Text:** A life dedicated to practicing the Buddhadharma by Guo Guang in *Encounters with Master S.Y.; Pflaumenblüten im Schnee*, Shundo Aoyama.

**Reading Assignment:** Rebecca Li: *Buddhism and Race*; Joko Beck: *Einfach Zen*.

**Optional supplement:** Aus *Mein Weg zum Buddhismus*: Ritsunen Linnebach, Dagmar Waskönig.

**Presentation:** Zeitgenössische Zen-Lehrerin nach eigener Wahl z.B. Ritsunen Gabriele Linnebach, Dagmar Waskönig, Gerda Ital oder Die Frauen Pang.

**Module 8 Humanistic Buddhism and the Chan-Teaching of Master Sheng Yen; DDL: Reform Movements since the 19th century: Taixu und Yinshun; Xuyun; Japan; Inheriting**

**Lesson 1: Reform Movements since the 19th century: Taixu und Yinshun; Rengsheng Fojiao vs. Renjian Fojiao**

**Main Text:** Yinshun: *The Way to Buddhahood*: M. Bingenheimer: *Der Mönchsgelehrte Yinshun...*

**Reading Assignment:** *Die Entstehung des chinesischen Reformbuddhismus und Entwicklung des Buddhismus nach 1950 in Festlandchina*: Masterarbeit H.; E. Züricher *Buddhismus: Entwicklung im 19. und 20. Jh.*

**Optional supplement:** Wei Daoru, *Buddhism in China and Modern Society* (Taixu and Yinshun). Zu Taixu „Herausforderungen von staatlicher Macht an den Buddhismus in China“ Dr. Karsten Krause.

**Presentation:** Hong Yi

**Lesson 2: Xuyun; Japan since 18<sup>th</sup> century; Buddhism and Imperialism; Son in Korea**

**Main Text:** Xuyun: *Autobiography: Pilgrimage to Mount Wutai und The Final Year, Die wesentlichen Elemente der Chan-Praxis in Attaining the Way.*

**Reading Assignment:** Xuyun *Autobiography*: Introduction; Shunryu Suzuki, *Leidender Buddha – Glücklicher Buddha*; Kodo Sawaki *An Dich*, Auszug.

**Optional supplement:** K. Vollmer: Hakuin Biographie in *Japanischer Buddhismus und Zen*, Rezension: *Der Weg des Todes*, Brian Victoria.

**Presentation:** Sambo Zen and/or Place of Buddhism in contemporary Japan

**Lesson 3: The Humanistic Buddhism and the DDL of Master Sheng Yen; Buddhism in China/Taiwan 1950 up to nowadays. Master Sheng Yen and his Masters: Lingyuan und Dongchu**

**Main Text:** S.Y.: *Den Weg erreichen, Kein Erwachen ohne Ethik; Die Linie der Dharma-Trommel* Hildi.

**Reading Assignment:** *Biographie Meister Sheng Yen* by Guogu; *Der humanistische chinesische Buddhismus und Entwicklung des Buddhismus in Taiwan* by Chan She.

**Optional supplement:** *The Dharma Drum Lineage of Chan Buddhism* by Master Sheng Yen.

**Presentation:** Tzu Chi or Fo Guang Shan or Japanese teachers or Rinzaï-Zen in the west.

**Lesson 4: Summary of the teachings of Master Sheng Yen and his chart according to the article of Guo Gu (Jimmy Yu); Discourse of Master Sheng Yen with the Dalai Lama**

**Main Text:** S. Y.: *Erwachen in Attaining the Way; Buddhism in the 21st Century: It's social Function ...*

**Reading Assignment:** S.Y.: *Meeting of Minds, A Dialogue on Tibetan and Chinese Buddhism*

**Optional supplement:** *Buddhism and the New Global Society* by Ven. Chang Ji; *Why Do We (Buddhist Dharma Practitioners) March?* by Rebecca Li; *Approaching Chan* by Ven. Guo-Xing, Ven. Chang-Hwa

**Presentation:** Western Zen; Christian Zen.

**Lesson 5: Inheriting: Dharma-heirs and Teachers; Monastics and Lay-people; Chan-Buddhism in global society; DDL in the west; Showing gratitude**

**Main Text:** *My Practice and Transmitting the Dharma and Explaining the Mission of Transmitting the Dharma*, by Master Sheng Yen, Chan Magazine 2017.

**Reading Assignment:** *Return to Shawangunk* by Ven. Guo Yuan in Chan Magazine Spring 2017. John Crook: *The Circling Birds: Openings to Insight on the Path of Chan*, Chan Magazine So 2017;

**Optional supplement:** S.Y.: *Chan Monasticism* in Chan Magazine; F. Nuttall, *Bodhisattva Precepts Ceremony* Chan Magazine

**Presentation:** Engaged Buddhism or Ethic in Buddhist groups.